

Castelfalfi

*Your precious  
moments*





Buckle up for a Castelfalfi Experience.  
Your memories here will last a lifetime.



For info and bookings,  
please contact our Concierge:  
[+39 0571 891010](tel:+390571891010) | [concierge@castelfalfi.com](mailto:concierge@castelfalfi.com)

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Signature Experiences



Suitable for children



# *Nature*

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Familiarize yourself with the local nature while exploring the beating heart of Castelfalfi. Participate in signature experiences and fun tours of the estate, where you will learn how we care for agriculture.

# Honey & Bee Experience

Let's explore the fascinating world of honeybees together. Listen to the gentle buzz of these mesmerizing creatures as they flit from flower to flower. Learn all about the complex mechanisms of their society and discover how they keep our planet healthy before donning protective beekeeping clothing. Our professional beekeepers will teach you everything there is to know about the bee-friendly methods we use here at Castelfalfi. Get ready to sample the rich flavors, heady scent, and seductive melt-in-the-mouth sweetness of Castelfalfi organic wildflower honey.

Savor the magic of Tuscany with this special honey tasting experience.

LOCATION  
Wine Shop & Garden

SEASONALITY  
From April to October

TIME  
2 hours



# Lake Fishing

Take it down a notch and surrender yourself to the sublime scenery around you as you patiently wait for a tug on your line. Our lake fishing experience at Castelfalfi in Tuscany is the ultimate way to escape it all. Lake Casiscala—originally created to collect rainwater to irrigate our golf course, vineyards, and olive groves—is the perfect spot to enjoy a more leisurely pace of life. Make the most of a meditative fishing experience in this picturesque setting surrounded by the rolling hills of the Castelfalfi estate. Participate in our sustainable carp fishing experience and connect with the natural habitat.

Your patience will be rewarded with the excitement of reeling in a catch before releasing it back into the wild.

LOCATION  
Casiscala Lake

SEASONALITY  
All year

TIME  
2 hours



# *Fly Fishing*

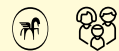
Fly fishing is a sport that uses special artificial bait whose shape resembles insects. At Casiscala Lake—where wild beauty blends with the majesty of nature—you can experience an exciting adventure alongside our experts. Immerse yourself in the peace and tranquility of a magical place, where you can learn the secrets of this sport and experience the thrill of catching a fish, which you will then promptly release to preserve the fauna in this stretch of water.

Get ready for the fly launch and wait patiently for a fish to catch while enjoying the surrounding views.

LOCATION  
Casiscala Lake

SEASONALITY  
All year

TIME  
2 hours



# *Olive picking and olive oil tasting*

Learn all about Tuscany's treasured olive-harvesting traditions in a sun-drenched grove filled with ancient, gnarled olive trees that have witnessed centuries of harvests. Castelfalfi's annual olive-picking ritual has been handed down since Etruscan times. Embrace the joy of picking these tiny green nuggets yourself, before learning how we turn them into extra virgin olive oil.

You will be equipped with a rake, gloves, and a hat to collect olives using tarps, shakers, and ladders. Once you've collected your harvest, we will head over to the frantoio (our olive oil mill). There, you will get to watch the fresh green fruit transform into liquid gold. At the end of your experience, you will sample five different types of Castelfalfi's condiment-based organic extra virgin olive oil.

LOCATION  
Wine Shop & Garden

SEASONALITY  
October and November

TIME  
3 hours





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# *Harvest experience and wine tasting*

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The age-old tradition of winemaking is in Tuscany's DNA, and we look forward to the grape harvest every year. As a new season approaches, our vineyards become a tapestry stretching as far as the eye can see into the rolling Tuscan hills, dotted with plump grapes. Participate in Castelfalfi's grape harvesting experience (vendemmia) and learn all about one of Tuscany's oldest traditions.

Our attentive winery team will guide you as you collect grapes from our vineyard. They will then show you how to crush them so that they can be turned into fine wine in our winery. Your immersive experience will end with a guided tasting of Castelfalfi organic wine in our barrel room (barriccaia).

LOCATION  
Wine Shop & Garden

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SEASONALITY  
August and September

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TIME  
3 hours



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# Truffle Hunting

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Embark on a journey deep into nature's treasure trove with our truffle-hunting experience in the woods surrounding the Castelfalfi estate in Tuscany. Seek refuge from the heat of the Tuscan sun in the stillness of the cool forest and surround yourself with earthy aromas as it reveals its secrets. Our local truffle expert will lead you on this rejuvenating woodland experience, acquainting you with the local truffle varieties and the art of finding them. However, the true stars of the show are our dogs, who use their wits and skill to sniff out fungi hidden beneath the soil!

#### SEASONALITY

- All year
- marzuolo truffle (from February to April)
  - black summer truffle (from April to September)
  - precious white (from September to December)



# Falconry

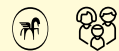
Welcome to Castelfalci Adventure Park, a magical place where adrenaline merges with nature in an extraordinary way. Here, a graceful and gentle raptor awaits you with its elegant feathers and piercing eyes. Meet Thor, the hawk protector of Castelfalci, named after the god of thunder and weather who watched over people and the Earth.

During your falconry experience, you will learn how to train falcons and understand their habits. Assisted by our falconer and equipped with a protective glove, you'll experience the thrill of launching Thor into flight while building a connection with one of the most fascinating creatures in the sky.

LOCATION  
Castelfalci Adventure Park

SEASONALITY  
All year

TIME  
1 hour



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# *Survival experiences*

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Connect with yourself and the wilderness as you acquire life-changing outdoor survival skills in the Tuscan wilderness. Learn vital bushcraft tips in the natural environment, interpret your forest surroundings, and develop your self-sufficiency. Our survival experiences cater to both children and adults. The How to Start a Fire experience teaches you how to use simple objects found in the woods, while the Animal Tracking experience hones your ability to spot creatures that have traversed the ground before you. In the Build a Shelter experience, you'll learn to utilize basic resources at your disposal. These magical experiences provide adults with self-sufficiency skills, while our youngest explorers revel in familiarizing themselves with the wilderness.

You will come away with a profound sense of achievement and newfound skills for thriving in the wild.

LOCATION

Castelfalci Adventure Park

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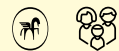
SEASONALITY

All year

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TIME

1 hour per course



# Orienteering

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Master the art of orienteering and embark on an exciting adventure surrounded by nature. This sport, beloved by the most intrepid among us, rewards those who can safely explore unfamiliar places. Participate in a time trial race, consulting a map to reach checkpoints marked by white and orange flags in the shortest time possible.

Calibrate your compass, consult your map, and explore Castelfalfi adventure park in small or large groups!

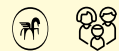
LOCATION  
Castelfalfi

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SEASONALITY  
All year

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TIME  
2 hours



# *Jeep Night Safari*

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Explore Castelfalfi at night on an exhilarating tour aboard an SUV. This unique off-road adventure allows you to observe nocturnal wildlife and animals in their natural habitat. Encounter deer, hares, wild boar, owls, foxes, roe deer, partridges, and much more.

Our expert naturalists and specialized guides will teach you how to recognize tracks and footprints, listen to their calls, and appreciate their individual traits.

Whether you're an adrenaline junkie or animal lover, this is the nighttime experience for you!

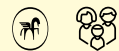
LOCATION  
Castelfalfi

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SEASONALITY  
All year

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TIME  
2 hours





# *Food & Wine*

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Indulge all your senses as part of a wine and food experience,  
with flavors and culinary traditions that will leave you  
with unforgettable memories of Tuscany.

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# Castelfalfi wine tour & tasting

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Endless rows of vines stretch as far as the eye can see at Castelfalfi, their lush foliage and glistening fruit bursting with the promise of fine wine. Our Vineyard Tour and Wine Tasting Experience at Castelfalfi will transport you to the heart and soul of Tuscany, where you will celebrate the land, culture, and rich history of winemaking. Stroll among the vines as you learn how we care for our grapes using organic farming practices. Step into the cool interiors of our winery and discover the secrets of our delicate winemaking process, where patience and skill are rewarded with deep and complex flavors. Sip and savor our wines as you learn about their nuanced aromas and local food pairings.

Castelfalfi's Vineyard Tour and Wine Tasting experience will leave you with a deeper appreciation of the local land, the artistry that goes into each bottle, and lasting memories of the Tuscan dreamscape.

LOCATION  
Wine Shop & Garden

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SEASONALITY  
All year

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TIME  
1,5 hours





# Cooking class

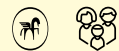
Timeless wonder and gastronomic wonders await you with this hands-on cooking class within the suggestive atmosphere of the modern restaurant Olivina. Our attentive chef will teach you how to transform Tuscan ingredients into classic dishes. The aroma of fresh produce, steeped in the flavors of our land, is bound to cast a spell on you. Let time slow down and discover the art of culinary alchemy.

Immerse yourself in Tuscan traditions with our luxury cooking class in an idyllic setting.

LOCATION  
Olivina, villas

SEASONALITY  
All year

TIME  
2 hours



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# *Extra Virgin Olive oils tasting*

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Extra virgin olive oil is the unsung hero of Italian cuisine with its rich green-gold hues.

A delicate drizzle is enough to bring any dish to life, with notes that extend from fruity and floral to pungent and peppery. Surrender to your taste buds and experience a unique olive oil tasting experience at Castelfalci in Tuscany. Enjoy a private tour of the frantoio (olive oil mill) at Castelfalci, where our millers will guide you through the process of extracting this Tuscan elixir. End your experience with an olive oil tasting that will teach you about the nuanced flavors of monovarietal olive oils as well as our very own Castelfalci aromatic condiments.

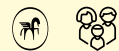
LOCATION  
Wine Shop & Garden

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SEASONALITY  
All year

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TIME  
1 hour



# *Pizza making class*

With aprons tied and hands dusted in flour, explore the art of pizza making with our expert pizzaiolo. Your trip to Tuscany is the perfect opportunity to learn a new skill, and what could be more appetizing than making a pizza? Learn how to shape your dough to perfection, choose ingredients, and balance toppings, before baking your creation in a traditional wood-fired oven.

Our pizza making class is perfect for pizza enthusiasts, small groups, and families.

LOCATION  
Il Rosmarino, villas

SEASONALITY  
All year

TIME  
1,5 hours



# Picnic

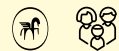
Retreat to the serenity of Castelfalfi's sprawling grounds for a relaxing and unforgettable day. Let our chef prepare a picnic of Tuscan delicacies for you to enjoy al fresco as you bask in enchanting vistas of the age-old olive groves and slender cypress trees that dot the horizon. Butterflies flit past as a gentle breeze eases its way through the gnarled branches of oak trees. Let your thoughts wander in a state of pure serenity as you enjoy the gourmet spread before you.

A world away from it all.

LOCATION  
Castelfalfi

SEASONALITY  
Spring and Summer

TIME  
On request



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# Tuscan Wine Routes

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On the Tuscan horizon, rows of vines extend as far as the eye can see, shrouded in the morning mist. As the sun rises, it shines a light on a world of flavor, skill, and innovation. We lovingly care for our vines, skillfully transforming their fruit into wine. Learn all about them as part of our Tuscan wine tasting experience.

Enter our dedicated wine room in our immersive Olivina restaurant. Our expert sommelier will take you on a journey as you sample the deep, meditative bouquet of a Brunello di Montalcino, and the innovative properties of Super Tuscan wines. Magical flavors will unfold with each sip, an ode to Tuscany's dreamy landscape and rich winemaking heritage. Choose from four different wine tasting experiences featuring the finest wines Tuscany has to offer.

LOCATION  
Olivina

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SEASONALITY  
All year

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TIME  
1 hour



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# *Tasting game for kids*

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A lot of fun for our little guests!

As part of this playful experience, your youngsters will get to explore their sense of taste and smell. Our blind taste-testing for children at Castelfalfi is a delightful introduction to Tuscany's seasonal aromatic herbs. Watch their curious faces as they engage in this enjoyable activity, learning about five different aromas. This experience is a unique way to spend time with your kids in Tuscany and satisfies their inquisitive natures.

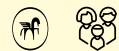
LOCATION  
Wine Shop & Garden

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SEASONALITY  
All year

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TIME  
45 minutes





# *Sport*

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A selection of open-air sports for athletic, nature lovers.

# Archery

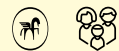
Our archery site is nestled in the lush Del Monte woodland in Castelfalfi's Adventure Park in Tuscany. Immerse yourself in this calm, focused, and therapeutic sport. Breathe out and steady your hand before releasing the bowstring. Time slows as the arrow soars through the air, and you watch with bated breath as it makes its mark on the target. The ancient art of archery is a fun way to build your mental focus, strength, and agility.

Partake in private practice or challenge your friends to an exciting game on our archery site.

LOCATION  
Castelfalfi Adventure Park

SEASONALITY  
All year

TIME  
1 hour





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# *Introduction to golf*

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Join us on a leisurely stroll as you test your accuracy in beautiful natural surroundings during our beginner's golf lesson on Tuscany's largest golf course. One of our friendly professional golfers will introduce you to the basics of the game, from grip to swing, in a patient and encouraging manner.

As our expansive grounds stretch out before you, enjoy the unparalleled views across the rolling Tuscan hills. Where better to get a taste for this elegant sport?

LOCATION  
Castelfalfi Golf Club

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SEASONALITY  
All year

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TIME  
1 hour



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# Climbing wall

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Defy gravity as you make your way up to the top of the wall, finding balance and focus in this thrilling vertical world. Colored grips mark out routes of varying difficulties, each one a puzzle to be solved with grit and determination. Conquer new heights before descending in complete safety to the ground, glowing with a new sense of accomplishment.

The Adventure Park's outdoor climbing wall is ready for you to take on the challenge in the fairytale grounds at Castelfalfi in Tuscany.

LOCATION  
Castelfalfi Adventure Park

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SEASONALITY  
All year

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TIME  
1 hour



# Tennis

Immerse yourself in the rhythmic back-and-forth of the ball and watch your worries melt away.

Just beyond the olive groves, beneath the medieval castle at Castelfalci in Tuscany's rolling hills, lie our red clay tennis courts. Come join us and embrace the exhilarating freedom of a game of tennis. The tennis courts are available for personal practice, or you can hone your serve by taking private lessons with our tennis instructor. There's nothing like a great game of tennis on vacation!

LOCATION  
Castelfalci Golf Club

SEASONALITY  
All year

TIME  
On request



# Padel

Padel captivates with its simplicity and exceptionally high fun factor. The basic techniques of the individual strokes can be quickly learned without extensive training. You'll be ready to play after a 10-minute introduction. Let life's complexities fall away as you immerse yourself in the fast-paced focus of a game of padel. Connect with your teammates, and hone your agility, strategy, and teamwork skills within Castelfalfi's charming grounds.

Padel is more than just a game; it's a mindset that encourages us to challenge our creativity and skill. Grab your padel racket and hit the court!

LOCATION  
Castelfalfi Golf Club

SEASONALITY  
All year

TIME  
On request



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# *Axe Throwing*

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Set off on an adventure and improve your aiming skills as part of this exciting axe throwing experience. This ancient practice, which has experienced a new lease of life in recent times, is perfect for those looking for a unique outdoor challenge. Take advantage of immersive sessions guided by our expert instructors, who will show you how to launch your axe in the charming adventure park at Castelfalfi.

Challenge yourself and your colleagues, friends, or family in this charming natural environment.

LOCATION  
Castelfalfi Adventure Park

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SEASONALITY  
All year

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TIME  
1 hour





# *Well-being*

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Recharge your body and mind in a relaxed environment through a series of physical training and wellness practices.

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# *Fitness Boxing*

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Experience the explosive energy of our fitness boxing sessions accompanied by upbeat music. This workout combines boxing and fun, offering a hefty dose of adrenaline and effective results. Suitable for adults and children, it's a dynamic and engaging alternative way to achieve your fitness goals.

Start your journey today and improve your resistance. You will have fun training with our instructor in our cutting-edge gym as part of a private or group session.

LOCATION  
Castelfalci Gym

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SEASONALITY  
All year

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TIME  
45 minutes



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# *Kick Boxing*

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Kick boxing is a lively sport that combines boxing techniques with martial arts, providing a thorough workout while teaching you discipline and self-defense. It is a fun and effective way to alleviate stress and stay fit.

Build your physical and mental energy and improve your coordination with this addictive and fast-paced activity. Our qualified personal trainers will guide you along the way to ensure you have a safe and rewarding experience.

Put on your gloves and unleash your inner strength!

LOCATION  
Castelfalfi Gym

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SEASONALITY  
All year

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TIME  
45 minutes





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# *Training session*

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This set of activities is designed to improve your mental and physical wellbeing, all tailored to your needs. Reinvigorate your body with the latest Technogym equipment at our gym. Our personal trainers offer detailed weekly programs, including indoor and outdoor workout sessions.

Which workout class will you try first? Neuro training: use your mind to train your body as you enjoy a 30-minute workout session that guides you through a series of simple exercises and coordination games.

Circuit training: find rhythm and focus as you shape and define your body through a series of exercises.

Functional training: train muscle groups simultaneously while improving strength, coordination, and flexibility.

Keep up with your fitness routine while on vacation!

LOCATION

Open air, gym, villas

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SEASONALITY

All year

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TIME

On request



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# *Yoga, Pilates and Stretching*

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Yoga is all about balance and harmony, while simultaneously strengthening your body. During individual or group lessons, you will be guided by our yoga teacher in an energizing practice, in contact with nature. Experience the harmony that yoga, pilates, and stretching have to offer, while improving your posture, flexibility, and awareness.

Take some time for yourself and restore your body and mind. You will be rewarded with a renewed sense of focus and mindfulness.

LOCATION

Open air, gym, villas

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SEASONALITY

All year

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TIME

On request





# *Exploring*

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These experiences are perfect if you are looking for an adventure, where you can explore the local area and its unspoiled nature. Whether you want to test your physical strength or simply enjoy a once-in-a-lifetime experience you'll never forget, these experiences are just the thing for you.

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# Hiking

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Embark on a journey through Tuscany's breathtaking scenery with Castelfalfi's hiking trails, providing an enchanting connection to nature's masterpiece. As the trail gently crunches underfoot and fresh air fills your lungs, look up and admire the silhouette of Castelfalfi Castle against the blue sky, olive groves and neat rows of vines. This majestic sight is reserved for walkers. Let your imagination run wild as you forget about the hustle and bustle of everyday life and settle into the pace of each footstep as the landscape welcomes you into its magical embrace.

Choose from four trails of varying difficulty. If you are looking for a more leisurely experience, opt for a stroll through the enchanting Carfalo Woods or our vineyards. If you are seeking something more adventurous, consider our more challenging and strenuous trails around the picturesque lakes and golf course.

LOCATION  
Castelfalfi

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SEASONALITY  
All year



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# Castelfalfi Cycling Tours

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Embark on an adventurous cycling tour around the Castelfalfi estate and the Tuscan hills on a rented e-bike.

Pedal through a dreamland of beauty and tranquility, exploring the ancient landscape of leafy olive groves and luscious vines. Admire the dappled sunlight filtering through the tree canopies and tune into the gentle serenade of crickets. Choose unforgettable tours with a professional guide, or a private rental, allowing you to create your own cycling adventure through Castelfalfi's 2,700 acres of land with the wind in your hair.

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LOCATION  
Castelfalfi

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SEASONALITY  
All year

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TIME  
On request



# *Luxury car rental*

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Rent a supercar for your vacation in Tuscany!

Take your tour of the Tuscan landscapes to the next level. Rent a supercar and head to the most charming spots in the local region in a flash.

Get in the driver's seat and enjoy the charm of Tuscany's scenic roads. This supercar tour is designed to ensure you experience your Italian vacation to the max.

Let everyday thoughts blow away in the breeze as you venture along the open road, winding through vineyards and cypress-lined avenues.

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LOCATION

Around Tuscany

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SEASONALITY

All year

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TIME

On request



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# *Grand city tour*

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The Tuscan cities of Florence and Siena—as well as the lesser-known gems of Volterra and San Gimignano—are an enchanting tapestry of culture, art, and architecture. Explore them as part of our Tuscan city tour package and lose yourself in a world of awe and amazement as you behold magnificent works of Renaissance art, architecture, and design. Discover Volterra's narrow streets and rich Etruscan heritage, and San Gimignano's magnificent skyline of medieval towers.

Whatever your destination, let us take you on your own private tour of Tuscany's cities, to discover our rich heritage of history, art, and architecture.

LOCATION  
Around Tuscany

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SEASONALITY  
All year

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TIME  
On request



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# Castelfalfi Adventure Park

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In amongst the trees, away from it all, adventure awaits...  
at Castelfalfi Adventure Park in Tuscany.



With trails for all ages, Castelfalfi's outdoor adventures are ideal for intrepid adults and courageous children. Step bravely onto the Tibetan bridge, experience the magical woodland from up high, venture through tunnels, and explore the tree-top village.

Try various outdoor activities at Castelfalfi Adventure Park, from our majestic falconry experience to archery, climbing, and survival experiences. The choice is yours!





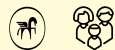
# Kids Club

Let your little ones experience the joy of nature and creativity combined. Falfy Kids Club is a Montessori-inspired club for our younger guests at Castelfalfi luxury family hotel. Relax and enjoy some time to yourself in Tuscany while they paint pictures to be treasured, explore the wonders of tending to vegetable crops in the garden, or go on magical adventures with new friends.

The club provides multi-game tables and construction toys for 3-to-6-year-olds, helping them develop their psychomotor skills while having fun.

Meanwhile, 6-to-12-year-olds can have fun with multimedia games, a brick house, and traditional Tuscan cooking classes in our kitchen.

Outside, nestled in the calming greenery of the Castelfalfi estate, is a playground inspired by the four elements of nature. Children can take care of their furry friends in the vegetable garden and mini farm.







Castelfalfi

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